



re|engage

The curriculum for re|engage is concentrated in these 8 areas for 16 weeks:

R ECOGNIZE your inability to love.

1. Love

Main idea: God's standard of love is the way He loves. 1 Cor. 13:4-7 defines love biblically. You cannot meet this standard.

2. Brokenness

Main idea: Your marriage is broken because it is made up of two broken people. You fall short of God's standard.

E MBRACE humility.

3. Grace

Main idea: You are in need of God's grace.

4. Humility

Main idea: Follow the example of Christ until you love yourself less than you love your spouse. You cannot be a godly spouse if you are focusing on yourself.

E XTEND grace and forgiveness.

5. Forgiveness

Main idea: You have been forgiven everything by God's grace; therefore, you are able to forgive your spouse.

6. Forgiveness in Action

Main idea: Forgiveness in action is a practical guide to ask for and extend forgiveness.

N URTURE truth.

7. Commitment

Main idea: God's covenantal love provides an example of the way you are to love your spouse. Marriage is a commitment, not a contract.

8. Truth

Main idea: You are tempted every day to believe the lies all around you regarding your marriage. You need to identify the lies you are choosing to believe and replace those lies with biblical truth.

GIVE yourself away.

9. Communication

Main idea: The goal of communication is mutual understanding. You have negative communication patterns that you need to identify and change.

10. Conflict

Main idea: Conflict in marriage is normal and a great opportunity to glorify God, grow yourself and grow your spouse. Handling conflict biblically is a great path to oneness.

A DORE and respect.

11. Expectations

Main idea: You have many expectations about your spouse and your marriage that, if unmet and handled incorrectly, will lead to disappointment and anger. You need to be able to articulate and deal with unmet expectations and realize that God is your only true hope.

12. Understand

Main idea: God calls you to live with your spouse in “an understanding way.” This means you will need to become a student of your spouse so that you can best love and celebrate them. Your relationship with your spouse is also tied to your relationship with God.

GROW in intimacy.

13. Emotional Intimacy

Main idea: Intimacy is to “fully know and be known, without the fear of rejection.” Being fully known and accepted by God allows you to be authentic with your spouse.

14. Sexual Intimacy

Main idea: Sex is God’s gift in marriage to experience a unique physical expression of oneness and intimacy.

EMBRACE oneness.

15. Completion

Main idea: Part of God’s design in marriage is to use your spouse to conform you into His image. You need to allow your spouse to partner with you in spiritual growth.

16. Diligence

Main idea: This is a way to live, not a program that you go through. You don’t graduate from this. Success in marriage is not just avoiding divorce, but always moving toward oneness. You will have to fight for everything you have learned.