

Ideas for How to Add Fun Back into Your Marriage

Ideas to Combat Busyness

1. Schedule a weekly date night or lunch
2. Put the kids to bed on time (or maybe even early every now and then)
3. Go to bed at the same time
4. Make that surprise overnight getaway happen soon
5. Share the household responsibilities, or better yet, do some of them together
6. When you think something good about your spouse, immediately stop and text them about it
7. Schedule physical intimacy on your calendar
8. Quit making excuses
9. Find a tv series that you and your spouse can watch together, or...turn off the tv and just spend time together with no agenda whatsoever

Ideas to Combat Boredom

1. Keep a running list of ideas/things to do together
2. Find ways throughout the day to make physical contact
3. Hug and kiss each other often
4. Send love texts to each other just because you can
5. Wear that outfit that your spouse loves
6. Play that game that you had so much fun with when you were dating
7. Find creative ways to add the element of surprise into your spouse's day
8. Do something every day that will make your spouse laugh

Ideas to Combat Complacency

1. Say "I love you" often
2. Flirt with each other again
3. Pray together daily
4. Incorporate anticipation into your bedroom
5. Use names of endearment towards each other
6. Be willing to try new things
7. Praise your spouse in front of your children
8. Respond positively when your spouse brings up 'that subject' again
9. Learn to speak your spouse's love language

If you're not regularly having fun together as a couple, you're in danger. While none of these are terribly difficult, all of them take some level of intentionality. Marriage was meant to be fun. And sometimes even fun takes a little work.

